

If you need help
display this side!



The red side is for use if you need **help** or a **welfare check**.

- Display this red side in a window, door, or porch that is clearly visible.
- Leave it up until a neighbour, volunteer, or member of the Community Emergency Team has been able to check on you.
- Use this only if you need support — showing red will prioritise your household for attention.

If you see a house with no leaflet displayed:

- Neighbours or volunteers may check on that household
- This helps ensure all residents are safe and informed.

This system does not attract immediate emergency services attention; call **999** for **urgent** help.



Key contacts

Police, Fire, Ambulance, Coastguard (emergency)	999
Police (non emergency)	101
NHS 111 - free, 24/7 non-emergency healthcare	111
Cornwall Council Emergency Line	0203 162 2240
CORMAC (surface water, roads, highways)	0300 1234 222
Floodline (Environment Agency)	0800 80 70 60
Electricity Emergency (Power cut)	105
South West Water	0344 3462020
Forrabury and Minster Parish Council - Clerk	01840 230609



Get involved

Are you first aid trained, or can offer a generator? Could you check on neighbours during bad weather? Hosting equipment, operate a chainsaw licence, or other local skills? See the Parish Council's emergency webpage or contact for a paper copy. **Even a small role makes a big difference.**

Useful links

Follow Cornwall Council for updates
<https://www.cornwall.gov.uk/emergency>
UK's Government Emergency Alerts
<https://www.gov.uk/alerts>
UK Government's Public Preparedness
<https://prepare.campaign.gov.uk/>

FORRABURY & MINSTER PARISH COUNCIL

COMMUNITY EMERGENCY PLAN

Version 2025

Forrabury and Minster Parish Council has developed a Community Emergency Plan to help our community respond to local emergencies such as flooding, prolonged power cuts, storms, or telecom failures.

- Know how to contact neighbours
- Be aware of local risks (e.g. flooding, outages)
- Keep this leaflet visible and ready
- Store warm blankets, wind up torches, and simple supplies
- Use what3words to help emergency services locate you
- Know how to access updates and alerts

STAY
SAFE



In most cases, emergency services will attend

but in rural areas, this can be delayed. Our plan ensures we can:

- Check on vulnerable neighbours
- Open a local community hub
- Relay information to emergency services
- Work together to stay safe

Stay alert, get prepared and informed - visit
www.forraburyminsterparishcouncil.org.uk/emergency



If the emergency plan is activated, the Parish Council will open an Emergency Community Hub at:

**Boscastle Community & Recreation Centre,
Fore Street, Boscastle PL35 0AU**

It offers:

- A warm and safe place
- Power and lighting (where available)
- Communications access (where available)
- Updates from the Emergency Team

The Village Hall (Gunpool Lane) is reserved for emergency services and will only be used as a backup if required.

What can you do to prepare?

Action	Details
✓ Know your risk	Are you in a flood prone, exposed or remote area? Stay weather aware.
✓ Store simple supplies	Wind up torch, radio, charger, food, essential medicines
✓ Check on neighbours	Especially elderly or isolated households during poor weather
✓ Register for alerts	Sign up for flood warnings and emergency alerts
Keep this leaflet safe - In your hallway, window, or noticeboard for easy access	



Need Help?

If you need extra help in an emergency, please register as a vulnerable resident via the Parish Council's emergency webpage shown on the front of this leaflet or contact the Clerk. If you know someone is also vulnerable, please encourage them to sign up themselves.

**Need this information in a larger format?
Contact your Parish Council.**

Community updates



The Community Emergency Team will share updates and information via:

- Parish Council's website
- Parish notice boards
- Local social media pages
- Face-to-face at the Community Centre, if open

Check these sources regularly for updates, instructions, or welfare information.

Use what3words



Use **what3words** and help the emergency services find you easily – even without a postcode.

1. **Download** the what3words app (iOS or Android)
2. **Open** it and allow location access
3. **Your location** will appear as 3 words (e.g. **///crisis.brush.hope**) Write down your home location in advance above. **Do this now!**



4. **Quote** these words when calling emergency services or local responders

Leaflet signal system

Each household will receive a this double-sided leaflet:

- The red side is to display if you need help or someone to check in
- The green side is to display to show you are safe and aware of the emergency.

When the plan is activated



- **Display** this green side in a window, door, or porch that is clearly visible
- This lets neighbours and wardens know you are **aware** of the emergency
- It helps spread awareness and shows you are **engaged** with the plan and **safe**

This system does not attract immediate emergency services attention; call **999** for **urgent** help.